



Happy S^{t.} Patrick's

from BSBRA

BSBRA SIGNAL 19

“and the following messages”



History of St Patricks Day

Taken Prisoner By Irish Raiders

It is known that St. Patrick was born in Britain to wealthy parents near the end of the fourth century. He is believed to have died on March 17, around 460 A.D. Although his father was a Christian deacon, it has been suggested that he probably took on the role because of tax incentives and there is no evidence that Patrick came from a particularly religious family. At the age of 16, Patrick was taken prisoner by a group of Irish raiders who were attacking his family's estate. They transported him to Ireland where he spent six years in captivity. (There is some dispute over where this captivity took place. Although many believe he was taken to live in Mount Slemish in County Antrim, it is more likely that he was held in County Mayo near Killala.) During this time, he worked as a shepherd, outdoors and away from people. Lonely and afraid, he turned to his religion for solace, becoming a devout Christian. (It is also believed that Patrick first began to dream of converting the Irish people to Christianity during his captivity.)

Guided By Visions

After more than six years as a prisoner, Patrick escaped. According to his writing, a voice—which he believed to be God's—spoke to him in a dream, telling him it was time to leave Ireland.

To do so, Patrick walked nearly 200 miles from County Mayo, where it is believed he was held, to the Irish coast. After escaping to Britain, Patrick reported that he experienced a second revelation—an angel in a dream tells him to return to Ireland as a missionary. Soon after, Patrick began religious training, a course of study that lasted more than 15 years. After his ordination as a priest, he was sent to Ireland with a dual mission: to minister to Christians already living in Ireland and to begin to convert the Irish. (Interestingly, this mission contradicts the widely held notion that Patrick introduced Christianity to Ireland.)

Bonfires and Crosses

Familiar with the Irish language and culture, Patrick chose to incorporate traditional ritual into his lessons of Christianity instead of attempting to eradicate native Irish beliefs. For instance, he used bonfires to celebrate Easter since the Irish were used to honoring their gods with fire. He also superimposed a sun, a powerful Irish symbol, onto the Christian cross to create what is now called a Celtic cross, so that veneration of the symbol would seem more natural to the Irish. Although there were a small number of Christians on the island when Patrick arrived, most Irish practiced a nature-based pagan religion. The Irish culture centered around a rich tradition of oral legend and myth. When this is considered, it is no surprise that the story of Patrick's life became exaggerated over the centuries—spinning exciting tales to remember history has always been a part of the Irish way of life.

Chief William Froehlich # 30

Dear Members:



I would like to thank all of you for the excellent job that you have been doing. It has been two months into the year, and already we have reached 600 alarms. Although it has been busy, we all have been able to work together and get the calls out. Great job by all!

Just a few things that I would like to remind you all of. First, I recently sent out an email in regards to our new OSHA gear that should be arriving by the end of the week. I would like to remind everyone to take a look at the updated SOP in regards to the wearing and use of the gear. Should you have any questions, please feel free to contact the Chiefs Office. Remember, ALL MEMBERS that are riding on the ambulance MUST wear the gear. It is extremely important to protect yourselves and your families.

Secondly, I would like to thank the Captains and the members for keeping the rigs cleaned and up to spec. We have continually touted the fact that in the past we have won awards, and that we are considered an award winning organization. But I must be honest, that only goes so far especially if our membership does not take pride in what we do, or how we look. We are only as good as our weakest link. With that being said, the Chief's Office will continue to request that all members chip in to make sure the rigs, the building and the grounds are clean. I would also like to remind the smokers of the organization that there are receptacles that have been posted (50 ft from the front entrance near the flag pole and also close to the parking lot), in which you can deposit your cigarette butts. Please do not throw them on the ground or in the parking lot. It takes a few steps either way to keep the grounds clean.

We are quickly approaching the months of June and July, which means nominations for both the Board of Directors and the Line Officers. I would like to remind everyone to sign in and do what is expected of you. As of today, we have both current sitting officers (on both sides) that will not be eligible for running next year. The only ones to blame are yourselves. Please make every attempt to keep up with the by-laws and do what is expected of you. For those of you that are currently sitting officers, or those of you who are deciding to throw your hat in the ring, I advise you to start thinking about your future here at BSBRA. Being an officer at BSBRA is a want, and not a need for a title. There is much that is expected of you from both the BOD, Line officers, but more importantly, your peers. If you do not have the "want", I would strongly advise you not to run. However, if you feel that you are up for the challenge of running a day, or being part of the leadership, I wish you the best of luck!

Again, I would like to thank you all for doing such a great job. Should there be any concerns, I would ask that you contact a Chief.

Respectfully,

Respectfully, Bill Froehlich Chief of Department @ BSBRA



1st Assistant Chief Gerald Guszack # 31

NO report submitted



2nd Assistant Chief Brian Stevens # 32

NO report submitted



3rd Assistant Chief Felix Rodriguez # 33

Great job All.

Just a little housekeeping issues. Please put your OSHA gear away after completion of your tour and pick up after yourselves. Also, the ambulances still have to be cleaned especially after big snow storms we need to get them ready for the parade St. Patrick's Day, let's try to take advantage when the weather warms up a bit, if not try to get the vehicles to the bus wash when there are multiple crews on duty.

-Felix Rodriguez 3rd Assistant Chief @ BSBRA

Captain's Reports

SUNDAY Brian Dufour #50

Hey bsbra family,

So I will like start by saying, I still need set crew from midnight to noon. Remember to throw out the garage after every tour, clean-up after yourself, and remember to sign in and out on every tour.

Let have another productive month and happy early st. Patty day

MONDAY Robie Dean #51



NO report submitted

TUESDAY Kerri Paoletti #52

Tuesdays are going very well. I do need some help throughout the day. I am also covered on the overnight but extra hands are always needed and appreciated. Thank you so much to those of you that are able to come down and have come down to help out whenever you can!

A few minor issues I need to address:

-Please remember to NOT park near the dumpster on Tuesdays unless you notice the dumpster is empty. The garbage man will not pick it up if there is a car parked on either side of it.

-Please do your rig checks, and when you do, please ensure that you are checking it thoroughly. If there is anything missing needed for an item to work properly, please do not leave it aside for someone else to find. Notify the senior member in the building or crew chief. If none are available, contact the captain of the day. (And if you cannot get in touch with them, then contact any captain). There is nothing worse than being on a scene and finding out a piece of equipment is defective or missing that you need.

-Hygiene: This is something that shouldn't have to be mentioned, but unfortunately, it does. Please make sure you are cleaned and well groomed when you come down to ride. We represent ourselves & the department, and we want to have the best image we have.

-And as always, please clean up after yourself & wipe down the tables after you eat.

Have a wonderful month of March!!!! Looking forward to the parade!!!! Be safe!!!

WEDNESDAY John Martinez #53

Hello dear members,

First of all, I would like to thank all those members that came down to help during the snow storms, you have placed your life in danger to help others in need, and that is commendable so THANK YOU!!!

Just a couple things:

1. We have been advised by the Chief's Office, that any member answering a call without OSHA gear should be sent home immediately. "Remember that the way you dress on a call, reflects on the Department and it's professionalism.
2. **When you get an "MVA" call, every single member of the responding crews MUST wear a SAFETY VEST**, remember that there is traffic both ways and we don't want anyone to get hurt.
3. Any blanket left behind in the bedrooms, WILL BE PLACED IN THE GARBAGE. Remember that captains or other members are **not** your personal maids. You have been forewarned!!!
4. You must sign into the log book when you come in to the building, if you want it to count as LOSAP credit, "**If you don't sign in, it never happened**"!!!

Thank you and have a Wonderful St. Patrick's Day!!

THURSDAY David Kwok #54

Thursdays are going well but I still need help during the overnights and during the day, if anyone is available to help me out during those hours please let me know. Also on March 13th I will need help as well I will not be here to look after operations on that day.

On another note for all members no matter what rank you hold if you have one, EVERYONE should be wearing OSHA gear or at least bring it with you on the ambulance so if you don't need it you still have it with you. And with that I have also noticed that some members are not wearing the proper foot attire, crocs are not to be worn on ambulance calls. You do not want to bring something unwanted home to your families. Everyone should be wearing boots and OSHA gear they are provided for you for your safety so please take advantage of it. Thanks.

FRIDAY April Kunz #55

NO report submitted

SATURDAY Joe Frisina #56

Hello everyone,

Thank you to everyone who has been coming out on Saturdays to help me out. There are too many names to list, but I appreciate the effort of each and every one of you. However, there are a few issues I would like to address.

First, the cleanliness of the vehicles especially the inside. They are dirty on a regular basis. We all have to pitch in to keep our vehicles clean and comfortable to work in. Tech bags and any other equipment should not be placed on the stretcher at any time, unless it is on the back. We put the bags on the street, the floors of dirty houses, and then we put them on clean sheets.

Second, be safe on jobs when PD is not on scene. You never know what you're walking into and things can go south very quickly. Don't think for one second that it can't happen to you. One of our members was recently assaulted on a job. With that being said, if you are not comfortable, please remove yourself from the area and advise MEDCOM. Just because we don't get it as "violence in progress", doesn't mean that it can't turn dangerous. Keep up the good work. Help each other out and stay safe.



Common courtesy call to your captain of the day

We are seeing a rash of last minute call in's, no show-no calls, and members who consistently run late to their duty tours without any notifications to the Captain of the Day. We would like to remind the membership that a call just to give the Captain a heads up would be appreciated as they would be able to help cover that portion of the tour.

For the last minute call in's, it would be common courtesy to give your Captain an ample amount of time to assist in finding coverage. You might be asking yourselves, "What is an ample amount of time?" We are asking that you give a minimum of SIX (6) hours notice. Most people know (in the working world) that they will be calling in within at least that amount of time whether they be sick or just need a mental health day. We feel that the same applies for the volunteer world. We understand that things happen, however, calling in 15-20 minutes after your tour does not help us. We can't even find paid coverage in that time, let alone volunteer coverage. Please have the common courtesy to help the organization.

As far as no show-no calls, we can advise that this is totally unacceptable and it is spoken about way to often in meetings.

Members are also reminded that if you have a regular duty slot and you can not make it, you are to contact the Captain and try to fill your spot. (As per the SOP's). You are responsible for your duty slot, regardless if you are a probationary member, dispatcher, EMT or Driver.

These situations apply to all members, probationary and badge, call-in to interim. When you commit to a slot or to help out someone, please do it. You are giving your word that you will help them out.

Should there be any questions in regards to these requests, please see a Chief.

On behalf of the Chiefs Office, Bill Froehlich Chief @ bsbra

George Mayott: An Outstanding Member

By Kayla Corsini and Victoria Wojcik



George Mayott, a member of our organization for 46 years now since 1968, was inspired to volunteer his services by a friend at a BBQ that convinced him to join. At one point, George was an Officer Lieutenant who volunteered his time as a driver. Because George has been around for over a few decades, he was able bring a some of the past customs to the present. BSBRA has evolved drastically throughout the years; George recently

mention in an interview that the ambulances “never used to be this nice. They used to be old Cadillacs. When riding you were required to hunch over inside since there was little to no room. The Cadillac’s would respond to a call through an emergency response system that is not similar to ours”.

Back in the day, anyone with an emergency couldn’t dial 911 because the emergency system was not yet in place. The routine was to call the third police precinct which would receive the call then proceed to contact the ambulance agency via telephone. Radios hadn’t been invented yet. Can you imagine how inefficient that was? Even 46 years ago the agency had a youth squad. Quite often, when a call came in, the regular members would go down to the high school and pick up the members of the Youth Squad to take them on calls. The students were notified by their pagers. Once they went off, the squad members would leave class and wait to be picked up in a certain spot. However, this was a privilege that was available only to the Youth Squadders that maintained their grades within certain standards. —>



Back when headquarters were located on second avenue. Before the town gave us a piece of property on second avenue the doctor and the guy that is referred to later in the article would park the ambulances near the auto repair shop on brook and Redington.

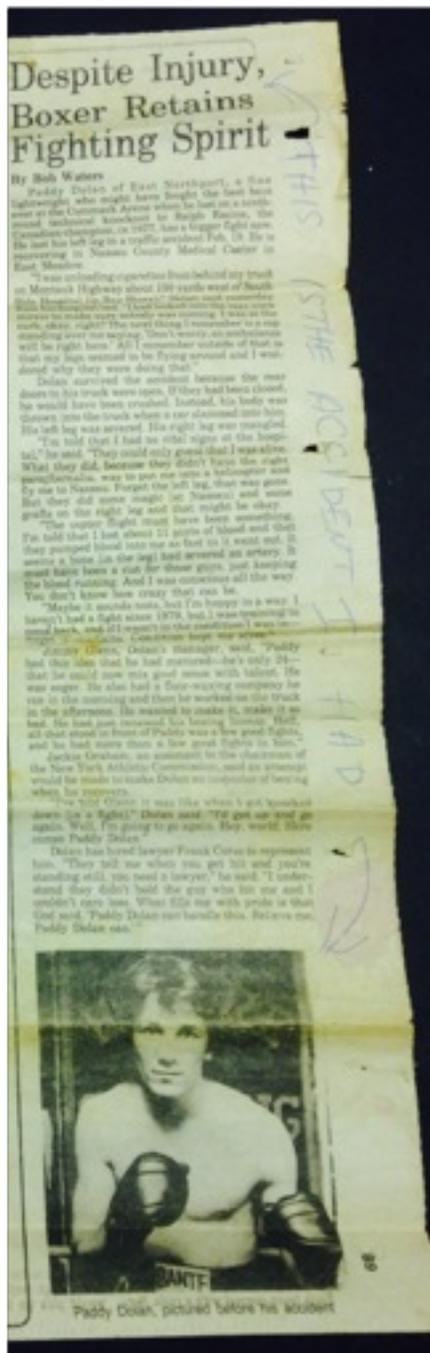
After that they got a guy on call who let them park it between third and second avenue. After that we got the property on Second Avenue. They started out with a good solid 50 members.

George recalls that when he first joined the core, Sunrise Highway was only two lanes wide with traffic lights. He heard a rumor as to how BSBRA was founded.

George believes that “Bay Shore Ambulance was organized in 1958. The reason why it was organized was, one of the charter members, his father, had gotten sick and there was no way for him to get his father to the hospital and at that time, the only way that they got to the hospital was if the police transported these people. So he got involved with this doctor in order to start the core. This was about 10 years before [George] joined and these are the stories [George] heard. The first ambulance that they had was a Cadillac and the first time they used it was in the parade and it broke down; it was a real embarrassment. When the doctor and that one guy started the core they called it ‘Bay Shore Ambulance’ and there was another group ‘Bay Shore Rescue’. They merged, and that is when we became ‘Bay Shore Brightwaters Rescue Ambulance’. In those days, as far as money was concerned, the funding wasn’t provided by the town. So, to keep the agency afloat, he and other members would stand at a corner near Sunrise Highway and ask for donations. They would get just enough for gas money.”

When George joined, all that was needed to know was basic first aid knowledge and possession of a drivers license.

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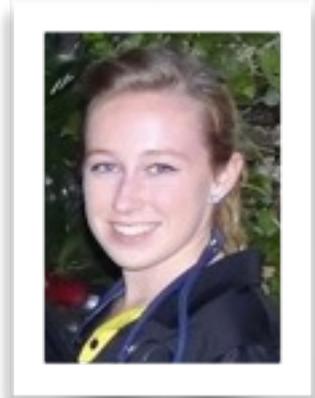


George Mayott specifically remembers two very vivid calls he went on, and they stayed in his head to this very day.

George's first story was a "traumatic insane" call where the patient suffered from five gun-shot wounds because of a drug related issue.

He also mention a call that took place on Main Street in which a man was driving and he had a fainting spell, hit a man walking on the sidewalk, and cutting both of his legs off. This man wasn't any ordinary man, he was a professional boxer and thanks to George, and his team, this man survived.

Bay Shore Rescue Ambulance saving lives and making an impact on this world since before 1968. We hope you enjoyed this flashback in time stay tuned for more on the history of the Bay Shore Rescue Ambulance.



The youth Squad newsletter committee for Signal 19

-Kayla Corsini & Victoria Wojcik-

EMS NOTES

BLS

- 1) As most of you have probably seen, the new BLS tech bags have been placed in service on all 5 ambulances. Please familiarize yourselves with the location of the equipment within the bags. The outside compartments have been temporarily color coded with tape. We will be attaching colored string/nylon to the zippers (similar to the old bags), to help assist you while doing your rig checks and locating items.
- 2) New rig check out sheets have been developed and will be posted on the bulletin board outside of dispatch. We anticipate that all of the refrigerators will be permanently mounted by the end of the month, which essentially eliminates cabinet #2. Although the new check sheets are slightly more detailed, there will obviously be less to check. A place to document expiration dates on all items which have one has been included on the sheets. By routinely checking and documenting these dates, we can all ensure that we remain compliant with NYS DOH Part 800 regulations. The new sheets are not absolute, so if anyone has any suggestions, or if items need to be added or removed, please do not hesitate to contact me.
- 3) The new bags have the same items/equipment as the old ones, only slightly scaled back and the only exception being cervical collars. There is enough equipment to treat 2-3 patients. Please do not overstock the bags as it stresses the zippers and will eventually cause them to fail.

ALS

- 1) As you have read above, the fridges will be in service shortly. As of this post, 3-24-17 and 3-24-19 have been equipped with them. Each will be stocked with 2 – 1000cc bags of Normal Saline and 1 – IV administration set, packaged in the EZ IO carry cases (which we do not utilize). One additional spare liter bag will also be stocked, as well as 2 vials of Diltiazem (Cardizem). Keeping the Cardizem in the refrigerators on the ambulances will eliminate both the hassle and unnecessary waste of switching it out monthly.
- 2) Speaking of IV fluids, there is a nationwide shortage and back order of Normal Saline. Please make every effort to restock these fluids from the hospitals. I'm sure they are also on back order, so do your restock inconspicuously (wink wink)
- 3) Narcotics – the program has been running smoothly since re-instituting the plan on the first of the year. As I mentioned to those who met with me and re-credentialed on the Controlled Substances Operations Plan, the current concentration of Midazolam/Versed (2mg/2ml) that is supplied to us by Southside Hospital is not compatible with our revised protocols to treat our patients to the fullest extent possible (credit to Chris Guszack for realizing this). After jumping through several hoops and awaiting approval from their legal dept., Southside has agreed to order the medication 5mg/1ml. The new agreement has been signed and the updated revisions to our plan sent to NYS DOH. I am unfortunately awaiting the other 2 agencies that SSH supplies to turn in their agreements before they will issue me the drugs. I will keep you all posted.
- 4) The staff medics are obligated to complete a daily check of the ALS bags and ALS supply drawer on the ambulances to ensure that both are stocked, sealed, and non-expired. Should you run an ALS call, please restock what you used and reseal the bag. I have placed new black seals in the restock cabinet. This will alert the medic doing the daily check that equipment was both used and restocked. If for whatever reason you are unable to restock, please advise the on duty medic, or at the very least, leave a note in the unsealed compartment of what you used.

Thank you for your attention regarding these matters.

-Brian Derrick Staff Supervisor@ BSBRA

BSBRA March 2014 Calendar

03/01/14 EMT REFRESHER	Saturday / Mar. 1st / 2014	@: St John's University	@ 0900-1700 hours
03/03/13 CAPTAINS MEETING Immediately after the General Meeting	Monday / Mar. 3rd / 2014	@: HQ	@ After GM
03/03/14 PARAMEDIC REFRESHER	Monday / Mar. 3rd / 2014	@: St John's University	@ 0900-1700 hours
03/03/14 GENERAL MEETING	Monday / Mar. 3rd / 2014	@: HQ	@ 2000 hours
03/06/14 WHAT IS NEW IN CARDIOVASCULAR DISEASE	Thursday / Mar. 6th / 2014	@: NSLU SSH	@ 0800 hours
03/08/14 ST PATRICKS DAY PARADE Please be at HQ 1200 hours Event starts at 1400 hours	Saturday / Mar. 8th / 2014	@: HQ	@ 1200 hours
03/12/14 MANDATORY MEDICAL EXAM Please notify us at 516-316-1056	Wednesday / Mar. 12th / 2014	@: Huntington FD	@ 1900 hours
03/16/14 MANDATORY MEDICAL EXAM Please notify us at 516-316-1056	Sunday / Mar. 16th / 2014	@: Bayville FD	@ 0800 hours
03/17/14 CME HOUSE CALLS Peter Bergmann	Monday / Mar. 17th / 2014	@: HQ	@ 1500 hours
03/18/14 CME HOUSE CALLS Peter Bergmann	Tuesday / Mar. 18th / 2014	@: Kings Park FD	@ 1500 hours
03/19/14 CME HOUSE CALLS Peter Bergmann	Wednesday / Mar. 19th / 2014	@: Cutchoque FD	@ 1500 hours
03/20/14 CME HOUSE CALLS Peter Bergmann	Thursday / Mar. 20th / 2014	@: Bridgehampton FD	@ 1500 hours
03/21/14 OFFICERS MEETING	Friday / Mar. 21st / 2014	@: HQ	@ 1900 hours
03/25/14 BOD MEETING	Tuesday / Mar. 25th / 2014	@: HQ	@ TBA
03/25/14 MANDATORY MEDICAL EXAM Please notify us at 516-316-1056	Tuesday / Mar. 25th / 2014	@: Oyster Bay FD	@ 1900 hours
03/30/14 MANDATORY MEDICAL EXAM Please notify us at 516-316-1056	Sunday / Mar. 30th / 2014	@: Atlantic Steamer FD	@ 0800 hours

NEW BSBRA OSHA GEAR

To All,

Please accept this as a heads up, or a huge FYI.... I was out at All American Awards today and I inspected the new gear that arrived. It is approximately 90% done, and is expected to be delivered by the end of next week, or out of convenience, the beginning of next week. With that being said, we will be revising the SOP that involves the wearing of OSHA gear while on duty. Understandably, there will be a very short amount of time in which reminders will be put out to those members who “forget” about the SOP or the gear. But, we must warn you that this period of reminder will be very short lived, and can eventually lead to disciplinary actions.

The Board of Directors has invested a large amount of money into this gear, being mindful that the safety of our providers is first and foremost. The Officers will be working together in order to make the transition as easy as possible. As it stands, we will be doing a one for one exchange, meaning those of you with current OSHA gear, please bring them down the night that you receive your new stuff. The current OSHA gear will be washed, fixed and reissued for Probationary members. For those badge members that were never issued Globe or Gerber gear, you will receive your new gear without having to turn in anything.

As Chiefs, we ask that everyone starts getting into the habit of wearing it. There will be no one person exempt from this, so this SOP will apply to any Officer that will be on the ambulance running calls, or who may have contact with a patient.

On behalf of the Chiefs Office,

Bill Froehlich
Chief of Department
Bay Shore-Brightwaters Rescue Ambulance

OSHA GEAR SOP's

OSHA Gear

- Purpose:** To set forth the standards and procedures for responding to ALL EMS alarms with OSHA Gear worn.
- Scope:** This applies to ALL Bay Shore-Brightwaters Rescue Ambulance personnel; Volunteer as well as Paid employees.
- Definition:**
- A) OSHA Gear is defined as BSBRA authorized, jacket and pants combo. It will be ANSI III compliant (Light Green and Black with reflective strips on the jacket in color). Each jacket will have an identifier for officers, as well as identifiers for EMT-P, EMT-CC, EMT, or Probationary.
 - B) Probationary Members may be outfitted with older gear that is dark blue in color, with silver and green reflective tape, with a green reflective BSBRA seal on the back of the jacket.
 - C) Official Corp shirt will consist of an officially issued collared shirt, which is blue in color, and has the BSBRA seal on the left chest area.
- Policy:**
- A) OSHA Gear will be supplied by the Board of Directors of the Bay Shore-Brightwaters Rescue Ambulance INC (the Corp.). Any other OSHA gear that is worn and not purchased by the Corp will be deemed unsafe, and members will not be permitted to wear it.
 - B) While responding to ANY alarm of any nature on an ambulance, all members must be in full OSHA Gear, which includes the Jacket and the pants.
 - C) When members are not on a call, the use of OSHA gear may not be used however, must be with the member in any and all Corp. Vehicles in the case that an alarm is activated.
 - D) During the summer months of May to October, the member may wear an official Corp shirt and his /her OSHA pants on calls. Jackets will be worn anytime there are any bodily fluids present, motor vehicle accidents, or any other hazardous conditions exist.
 - E) During the winter months of October to May, both the jackets and pants must be worn.
 - F) In the event that the members OSHA Gear has been contaminated, the said member shall contact the Captain of the day, who will in turn, contact a member of the OSHA Committee. At no time will the member attempt to wash the contaminated OSHA Gear in any washer or dryer unless they have been trained to do so.
 - G) **Gear will not be worn in the building at anytime.** Gear should be taken off in the garage, or outside, prior to entering the building in any capacity. Gear racks have been assembled in the garage for purpose of hanging all gear while on duty.
 - H) **It is the responsibility of the member to secure his/her OSHA Gear, which has been issued by the Uniform Committee. Failure to do so will result in the member bearing the financial responsibility if lost being, and or disciplinary action.**
 - I) **If OSHA Gear is lost; it is the member's responsibility to report it to an officer of the organization as soon as it is deemed missing.**
 - J) It is **HIGHLY RECOMMENDED** that each member invests in boots that are OSHA certified, as well as having a steel toe to them. Boots should be black in color, and should also be weather proof.
 - K) Line Officers and ALS providers are the only members THAT MAY take the gear outside of the building to be placed in their personal cars. These members are reminded that they will be held financially responsible for gear that is lost or stolen while issued to them.
 - L) Failure to comply with any or all of these Standard Operating Procedures may result in disciplinary action.



Welfare

The chiefs office would like to wish Vicky Weis a speedy recovery

Congratulations

The chiefs office would like to congratulate Karen Johnson on becoming a cleared EMT within the department.
Congrats Karen!!



BSBRA Announcements



Suffolk
COUNTY COMMUNITY COLLEGE



EMERGENCY MEDICAL CARE PROGRAM

Spring 2014 EMT-B COURSES

AMMERMAN CAMPUS

Tues/Thurs 8am-1230pm

Tues/Thurs 6pm-1030pm

EASTERN CAMPUS

Mon/Wed 5:30pm-1000pm

GRANT CAMPUS

Mon/Wed 6pm-1030pm

- DO YOU WANT TO BECOME CERTIFIED AS AN EMT?
- DO YOU WANT TO MAKE A DIFFERENCE IN YOUR COMMUNITY?
- AS A VOLUNTEER EMS/FIRE PROVIDER YOU MAY QUALIFY FOR TUTION ASSISTANCE
- *LEARN AND TRAIN WITH EXCELLENT INSTRUCTORS!!*
- *TAKE THE NYS CERTFICATION EXAM IN MAY, 2014*
- *SEATS ARE LIMITED SO REGISTER EARLY!!!!*

REGISTRATION AT [HTTP://WWW.SUNYSUFFOLK.EDU](http://www.sunysuffolk.edu)

OR CONTACT:

Matt Zukosky, MA, NREMT-P
Emergency Medical Care Program Coordinator
631-451-4678
zukoskm@sunysuffolk.edu

MEETING YOUR EMS EDUCATION AND TRAINING NEEDS



Suffolk
COUNTY COMMUNITY COLLEGE



EMERGENCY MEDICAL CARE PROGRAM

Spring 2014

Vehicle Extrication Course

AMMERMAN CAMPUS ONLY

Monday Nights
6pm to 8:50pm

- *LEARN AND TRAIN WITH EXCELLENT INSTRUCTORS!!*
- *HANDS ON SESSIONS WILL BE CONDUCTED OFF SITE*
- *SEATS ARE LIMITED SO REGISTER EARLY!!!!*

REGISTRATION AT [HTTP://WWW.SUNYSUFFOLK.EDU](http://www.sunysuffolk.edu)

OR CONTACT:

Matt Zukosky, MA, NREMT-P
Emergency Medical Care Program Coordinator
631-451-4678
zukoskm@sunysuffolk.edu

MEETING YOUR EMS EDUCATION AND TRAINING NEEDS

SC 2141101 *All students MUST attend the first day of class. No exceptions, no accommodations!*

COUNTY OF SUFFOLK, DEPARTMENT OF HEALTH SERVICES, EMS DIVISION

EMT-Paramedic Refresher Course

LOCATION: Suffolk County EMS Academy, 360 Yaphank Ave., Suite 1B, Yaphank, NY 11980

INSTRUCTOR: William "Mike" Masterton **Challenge Practical Exam (optional):** Saturday 3/15/14 at 8am, Suffolk County EMS Academy, Yaphank.

DATES: 3/11/14 to 5/15/14 **SKILLS FINAL:** APPROX. Saturday 5/10/14, SC EMS Academy, Yaphank

DAYS/TIMES: Tuesdays and Thursdays 7pm to 11pm **WRITTEN FINAL:** 5/15/14 (Thurs. 7 pm)
(First day of class is 6:30pm to 11pm)
2 Saturdays 8am to 3pm (including Final Practical Exam)

FEE: \$250.00 for EMS Personnel \$1,130.00 for NON EMS (\$20 additional charge for printed paperwork, please read below)

Students must have their own b/p cuff, stethoscope, notepads and writing tools. ** No walk in students will be allowed**
Paramedic Refresher to include: BCLS and ACLS

Pre-requisites: FEMA NIMS 100, NIMS 700 and HazMat Awareness – OSHA Compliant minimum 3 hours. (FEMA links will be emailed to students with the confirmation email, if students haven't already taken those classes.)
Firefighter 1 AFTER 2003 will count for HazMat Awareness, must show proof. (All HazMat Awareness classes MUST have been taken after 9 11 to count.) Copies of certificates must be handed in to the instructor within the first month of the course.

To reserve seating for this course: Complete this form with check(s)/money order(s) payable to the Suffolk County EMS Division (please postdate check(s)/money order(s) to the start date of the course). Please mail to: Suffolk County EMS Division, 360 Yaphank Ave., Suite 1B, Yaphank, NY 11980, Attn: EMT Courses. Per County Resolution #968-1997, there will be an additional \$25 fee added to the cost of the course for any checks returned with notice of "insufficient funds." **NO SEATS WILL BE HELD UNLESS FULL PAYMENT IS RECEIVED.**

Please note: Forms will be returned if incomplete, illegible, or if the course is full or canceled. No seats will be held unless the registration process is complete. You will receive a confirmation email. Please make sure you include your email address in the box below. If you do not have an email address, please make sure your mailing address is listed on the check. You will receive a confirmation letter in the mail. Enrollment is first come, first served.

Please be advised, the Suffolk County EMS Division will be handing out CDs with all of the New York State and Suffolk County policies, protocols and various other vital information. If you do not have computer access, please notify the Suffolk County EMS Division in advance by stating "NO" in the box below next to your name so that the Division may give you a copy of the information mentioned above. **There will be an extra charge of \$20 for the printed paperwork. If you do not fill in "NO" in the box next to your name then the Suffolk County EMS Division will assume you have computer access. If you fill in "NO" and you do not include the additional \$20 for the printed paperwork, the Division will then cross off the "NO" and write "YES."**

SC 2141101 *All students MUST attend the first day of class. No exceptions, no accommodations!*

EMT-Paramedic Refresher Course

Suffolk County EMS Academy, Yaphank

CORPS/DEPT: _____ NYS EMS AGENCY CODE #: _____

NAME (print or type)	Computer Access? Y/N	Email Address
1.		
2.		

This is to certify that the individuals identified above are members of this EMS Agency.

Officer (Print Name) _____ Date _____ Title _____

Signature _____ Phone # (daytime) _____

**Inhalation
Naloxone**

Suffolk County Department of Health Services
Division of Emergency Medical Services

Pass
Fail

Practical Skills Confirmation

CFR/EMT Danielle Kriklava

Training Officer GARY KING EMT-I Initials JK

Date 3/1/14 Start Time 9:10 Stop Time 9:14

	Possible Points	Awarded Points	Comments
Assure a safe scene	C	✓	
Body Substance Isolation	C	✓	
Consider Additional Resources	1	1	
Perform Primary Assessment and obtain baseline mental status, pupil size and respiratory rate/effort.	C	✓	
Verbalize signs of opioid overdose and at least 3 opioid medications or drugs	3	3	
Verbalize at least 2 exclusion criteria	2	2	
Assemble medication syringe to MAD device	1	1	
Deliver correct dose of naloxone	C	✓	
Reassess vital signs	1	1	
Treat associated s/s accordingly	1	1	
Completes the station within 5 minute time limit	C	✓	

Note: BLS Provider must complete all critical criteria and receive at least 7 points to pass this station. Skill sheet and documentation of on-line video completion are to be maintained at the agency level.

12/31/2013

Benchmark Guidelines for Training Officer Evaluation – Blood Glucometry

Takes or verbalizes BSI precautions prior to performing procedure	Minimum Gloves
Verbalizes indications for glucometry	AMS with Hx of Diabetes or AMS of unknown etiology
Requests ALS	ALS Interoxyg
Ascertains patient's past medical history (including allergies)	S.A.M.P.L.E.
Selects appropriate site to obtain blood sample.	3 rd or 4 th fingertip, slightly medial or lateral to corner of pad
Prepares equipment	Turn device on. Insert strip. Note device ready
Explains procedure to patient.	To include "This will pinch"
Cleanses site with antiseptic solution	Spinning outwards
Utilizes lancet to pierce skin	Stabilize finger to be lanced, quick insertion and removal
Discards lancet in sharps container	No variation allowed
Obtains blood sample	Without milking (May use light pressure), build enough blood droplet to fill pipette channel and obtain reading (MAY BE VERBALIZED OR ACTUAL)
Discards test strip in red bag waste	
(The examiner advises that the patient's blood glucose level is less than 65 mg/dL).	
Confirms that patient is conscious, able to swallow and is without head injury	As per NYS AMS Protocol IV B
(Verbalized) Administers oral glucose or viable option	Oral glucose, fruit juice or non-diet soda. (NYS Protocol)
(Verbalized) Reassesses blood glucose after 5 minutes	
(Verbalized) Transports, performing reassessment of patient	To include LOC and Vital Signs
Demonstrates knowledge of indications and contraindications for glucose administration.	The patient has a known history of diabetes controlled by medication, is conscious and is able drink without assistance
Candidate completes station within 5 minute time limit.	

**Blood
Glucometry**

Suffolk County Department of Health Services
Division of Emergency Medical Services

Pass
Fail

Practical Skills Confirmation

CFR/EMT Danielle Kriklava

Training Officer Sally Pina Initials [Signature]

Date 3/1/14 Start Time 9:05 Stop Time 9:08

	Possible Points	Awarded Points	Comments (add below)
Takes or verbalizes BSI precautions prior to performing procedure	C	✓	
Verbalizes indications for blood glucometry	C	✓	
Request ALS	1	1	
Ascertains patient's past medical history, including allergies	1	1	
Selects appropriate site to obtain blood sample	1	1	
Properly prepares equipment	1	1	
Explain procedure to patient	1	1	
Cleanses site with antiseptic solution	C	✓	
Utilizes lancet to pierce skin	1	1	
Discards lancet in sharps container	C	✓	
Obtains blood sample	C	✓	
Discards of test strip in red bag waste	1	1	
(The examiner advises that the patient's blood glucose level is less than 65 mg/dl.)			
Confirms that patient is conscious and able to swallow and is without head injury	C	✓	
(Verbalized) Administers oral glucose or viable option	C	✓	
(Verbalized) Reassesses blood glucose after 5 minutes	1	1	
(The examiner advises that the patient's blood glucose level is greater than 65 mg/dl)			
(Verbalized) Transports, performing reassessment of patient	1	1	
Demonstrates knowledge of indications and contraindications for glucose administration	C	✓	
Candidate completes station within 5 minute time limit	C	✓	
	9		

Note: BLS Provider must complete all critical criteria and receive at least 7 points to pass this station. Skill sheet and Affirmation of Completion of the Blood Glucometry PowerPoint presentation are to be maintained at the agency level.

12/31/2013

Benchmark Guidelines for Training Officer Evaluation – Inhalation Naloxone

	Possible Points	Awarded Points	Comments
Scene safety, consider police, consider humane restraint if patient combative	C		Addressing concerns that overdose may be other than opioid, and to reaffirm provider safety
Gloves, consider face shield	C		Gloves at a minimum, face shield for likelihood of vomiting and / or positive pressure ventilations
Law enforcement, ALS	1		Resources for consideration
Assure ABCs, determine depressed RR, respiratory arrest, constricted pupils, altered mental status	C		Addressing ability to assess for respiratory depression versus respiratory arrest, or cardio-pulmonary arrest, and to assure right patient/right drug
Recall signs of opioid overdose, award points if stated above, heroin, morphine, dilaudid, methadone, demerol, paregoric, fentanyl, oxycodone, codeine, darvon	3		Addressing the reinforcement of 1/s of opioid overdose and the types of medications / drugs that are classified as opioids
Recall at least 2 exclusion criteria, cardiac arrest, pediatric patient, evidence of nasal trauma, nasal obstruction and/or epistaxis, seizure activity during event, therapeutic opiate use through physician prescription	2		Addressing the exclusion criteria for naloxone administration
Check drug, date, dose, correctly attach MAD to prefilled syringe	1		To ensure the medication is in date, and properly attach the mucosal atomizer device to the luer-lock prefilled syringe
1 mg / 1ml in each nostril	C		To reinforce ability to measure and administer correct dose
Reassess vital signs	1		Look for increases in respiratory rate and mental status
Hi flow O2 if breathing, PPV if respiratory depression/arrest, manage vomiting if indicated	1		Provide appropriate supportive care
Completes the station within 5 minute time limit	C		Ensure familiarity with subject material in a timely fashion

Benchmark Guidelines for Training Officer Evaluation – Inhalation Naloxone

	Possible Points	Awarded Points	Comments
Scene safety, consider police, consider humane restraint if patient combative	C		Addressing concerns that overdose may be other-than-opioid, and to reaffirm provider safety.
Gloves, consider face shield	C		Gloves at a minimum, face shield for likelihood of vomiting and / or positive pressure ventilations
Law enforcement, ALS	1		Resources for consideration
Assure ABCs, determine depressed RR, respiratory arrest, constricted pupils, altered mental status	C		Addressing ability to assess for respiratory depression versus respiratory arrest, or cardio-pulmonary arrest, and to assure right patient/right drug.
Recall signs of opioid overdose, award points if stated above, heroin, morphine, dilaudid, methadone, demerol, paregoric, fentanyl, oxycodone, codeine, darvon	3		Addressing the reinforcement of s/s of opioid overdose and the types of medications / drugs that are classified as opioids
Recall at least 2 exclusion criteria, cardiac arrest, pediatric patient, evidence of nasal trauma, nasal obstruction and/or epistaxis, seizure activity during event, therapeutic opiate use through physician prescription	2		Addressing the exclusion criteria for naloxone administration
Check drug, date, dose, correctly attach MAD to prefilled syringe	1		To ensure the medication is in date, and properly attach the mucosal atomizer device to the bar-lock prefilled syringe
1 mg / 1 ml in each nostril	C		To reinforce ability to measure and administer correct dose
Reassess vital signs	1		Look for increases in respiratory rate and mental status
15 flow O2 if breathing, PPV if respiratory depression/arrest, manage vomiting if indicated	1		Provide appropriate supportive care
Complete the station within 5 minute time limit	C		Ensure familiarity with subject material in a timely fashion

SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES
DIVISION OF EMERGENCY MEDICAL SERVICES

BLS NARCAN / BLOOD GLUCOMETRY

AFFIRMATION OF COMPLETION OF REQUIRED TRAINING

Name: Danielle Kriklava Date: 3/1/14

Level of Certification: CFR EMT-B

Agency: CT-Haymouge Ambulance

*Bay-Shore Brightwaters Rescue

My signature on the line below attests to my knowledge of the program requirements for attaining authorization to perform blood glucometry and the administration of inhalation narcan™, and that I have completed the review of each training presentation and participated in the hands-on training for each skill.

My signature on the line below attests to my knowledge of the applicable NY State BLS Protocol for Altered Mental Status (AMS), post-call reporting procedures, and my understanding of the procedures for administering inhalation narcan™ and performing blood glucometry.

Signature: Danielle Kriklava

This form is to be filed in each individual agency training files, and may be subject to inspection by the NY State Department of Health and / or Suffolk County EMS.

Davis Training Programs Inc.

Presents on

March 17, 2014 09:00- 17:00

Location:

Fashion Institute of Technology
227 West. 27th Street
New York, NY 10001



CME HOURS PENDING FROM AMERICAN ACADEMY OF FAMILY PHYSICIANS

Program Overview

The Basic Life Support in Obstetrics (BLSO®) program has been developed to prepare participants to manage normal labor and obstetrical emergencies. BLSO is appropriate for several audiences, including: pre-hospital care providers, emergency department personnel, as well as medical, nursing and physician assistant students.

BLSO is a one-day course that offers evidence-based, hands-on workshops with mnemonics and case-based discussions that can play an important role in promoting teamwork. Pre-hospital resuscitation, communication in transit and transition to hospital care can be improved when pre-hospital and hospital providers share a conceptual framework.

1. Course overview
2. Normal labor Practice normal delivery with mannequins
3. Emergent prenatal assessment, Practice taking history, maternal exam and listening to fetal heart with a Doppler stethoscope or fetoscope
4. Saving the life of the mother: postpartum hemorrhage and maternal
5. Malpresentations, practice recognition of most common malpresentations (transverse lie, occiput posterior, breech, brow, compound or face presentation) and how to manage in pre-hospital setting with emphasis on breech
6. Shoulder dystocia
7. Hypertensive emergencies
8. Preterm labor and premature rupture of membranes (PROM)
9. Saving the life of the baby (neonatal resuscitation)
10. Labor dystocia (failure to progress and arrest of descent)
11. Electronic fetal monitoring Introduction to Fetal heart tracing

Course Fee: \$175.00 all profits will be donated to American Sickle Cell Foundation

Contact Person: Stephen E. Davis III EMT-P
www.CPRinthecity.com
646-633-3610

Lectures:

Jennifer Frank MD **Wisconsin University**
Otubu Oritsetsemaye MD **Georgetown University**
Keith Widmeier CCEMT-P **South Texas EMS**
Stephen E. Davis III CCEMT-P **Coling Medical Transportation EMS**



New York State Department of Taxation and Finance
**Claim for Volunteer Firefighters'
 and Ambulance Workers' Credit**
 Tax Law—Section 606(e-1)

IT-245

Submit your completed Form IT-245 with Form IT-201. See instructions on back.

Step 1 – Enter identifying information

Your name as shown on return	Your social security number
Spouse's name	Spouse's social security number

Step 2 – Determine eligibility (for lines 1 through 3, mark an **X** in the appropriate box)

- 1 Were you (and your spouse if filing a joint return) a New York State resident for all of this tax year? 1 Yes No
 If you marked an **X** in the *No* box, **stop**; you do not qualify for this credit.
- 2 Were you an active volunteer firefighter or ambulance worker for all of this tax year who **did not** receive a real property tax exemption for these services (see instructions)? 2 Yes No
 If your filing status is ②, *Married filing joint return*, continue with line 3.
 For any other filing status:
 If you marked an **X** in the *No* box, **stop**; you do not qualify for this credit.
 If you marked an **X** in the *Yes* box, continue with Step 3.
- 3 If your filing status is ②, *Married filing joint return*, was your spouse an active volunteer firefighter or ambulance worker for all of this tax year who **did not** receive a real property tax exemption for these services (see instructions)? 3 Yes No
 If you marked an **X** in the *No* box at **both** lines 2 and 3, **stop**; you do not qualify for this credit.

Step 3 – Enter qualifying information (see instructions)

Name of qualifying volunteer	Volunteer fire company/department or ambulance company	Address of volunteer fire company/department or ambulance company

Step 4 – Determine credit amount

- 4 If you marked the *Yes* box at **either** line 2 or line 3, but not both enter **200**.
 If you marked the *Yes* box at **both** lines 2 and 3, enter **400**
 Enter the line 4 amount and code **354** on Form IT-201-ATT, line 12.





2014 NUMC-FPA CORE CME CONFERENCE

Please Join Us! Saturday, March 22, 2014

8:30AM to 4:00PM

In order to attend, you must sign up in advance at:

<http://numcfpacorecme.eventbrite.com>

This EMS Conference will award 5 core CME credits on the following topics:

Autism: What the EMS Provider needs to know

This program is designed to help EMS providers recognize, understand, and interact with the Autistic individual. Proper management as well as safety for all involved will be discussed.

Taught by Peter C. Timinelli, EMT-P, CIC

*Ambulance Medical Technician Coordinator, NCPD
Administrator Nassau County Fire-Police EMS Academy*

Overdose Management for the Prehospital Care Provider

This lecture will explore the common overdoses which prehospital care providers will encounter and the best evidence based approach for treatment and transport.

Taught by Dean Olsen DO

*Faculty, New York City Poison Control Center
Attending Physician in Emergency Medicine and Toxicology, Nassau University Medical Center
Assistant Professor Toxicology and Pharmacology, New York College of Osteopathic Medicine
Editorial Board, Annals of Emergency Medicine*

Capnography: Airway, Breathing and Circulation in One

This lecture will review the foundations of waveform capnography and expand on its use for varying patient care situations. Initially used as a confirmation for advanced airway placement, its use as a monitoring tool is now a "standard of care" in Nassau and many other counties.

Taught by Donald Hudson, NREMT-P, CIC

EMS Instructor Nassau County Fire-Police EMS Academy

The spectrum of Abdominal Trauma: Diagnosis and Management

A discussion of the various types of abdominal injuries encountered as well as the pitfalls to be avoided. Diagnosis and management will be emphasized, followed by case histories

Taught by Dr. Angus

Director of Trauma/Vice Chair of Surgery, Nassau University Medical Center

Managing an MCI Effectively: The Deadly Cost of Over-Triage

This program is designed to sharpen the first responder's awareness of how important appropriate triage is to patient outcome. It will stress the concepts of proper categorization of injuries and appropriate transport destinations. It will also demonstrate how stressful "over triage" can be to the receiving facilities.

Taught by Richard G. Husch III, BS, EMT-P, CIC, CHS-III

*Ambulance Medical Technician, NCPD
EMS Instructor Nassau County Fire-Police EMS Academy*

Community Ambulance Company is now
accepting applications for the summer of
2014 in the village of Cherry Grove

Emergency Medical Technician
CRITICAL CARE or PARAMEDIC

One Week Shift: Sunday 1200 to Sunday 1200

Starting: Sunday May 11, 2014

Ending: Sunday September 28, 2012

- Housing: 2 bedroom apartment provided (no pets)
- Salary: \$ 1000 per week
- Two round trip ferry tickets provided

Requirements: Possess and maintain a current NYS EMT-CC or Paramedic certification and be credentialed to operate in the Suffolk County ALS system

Must be able to ride a bicycle, be 21 years or older, and have a valid NYS driver's license.

Please fax, mail or e-mail your resume (**before April 1, 2014**) to:

Fax: 631- 567-6593

E-Mail: secretary@communityamb.org

Mail:
Community Ambulance Company
PO Box 450
Sayville, NY 11782

For more information, please contact: secretary@communityamb.org

It is understood that the person/persons filling this seasonal, temporary position have no expectation of continued employment with Community Ambulance Company. The temporary nature of the position is specifically limited to a week-long appointment. All candidates are subject to approval by Community Ambulance Company and must undergo a background investigation prior to appointment.

North Shore LIJ Announcements



Please accept the below report for the February/March Fire and EMS Chiefs Meeting from Southside Hospital. As always we welcome the opportunity to partner with the Fire and EMS community.

Quitting Smoking is Possible!

NSLU Southside Hospital along with NSLU Center for Tobacco Control is hosting a **FREE** program for Firefighters, Law Enforcement, EMS Providers and their families to assist with quitting smoking. It is a 6 week program starting on 02/24/2014 is offered to support efforts and include nicotine replacement medications. Please see the attached flyer and disseminate as needed to your agencies. ****Flyer attached****

Defensive Driving 6 Hour Course Being Offered

Southside Hospital is offering the 6 hour Defensive Driving course on Monday March 24 and Tuesday March 25, 2014. The cost is \$35.00 and you must attend both class sessions. Please see the attached flyer for additional information. ****Flyer attached****

Islip Ambulance Chiefs Association (IACA):

The February 25, 2014 monthly meeting will be held in Boardroom 1 from 7:00pm – 9:00pm.

Obtaining Controlled Substances at Southside Hospital:

We have finalized agreements with Community Ambulance, East Brentwood and Bay Shore Ambulance to continue obtaining controlled substances. This month we provide technical assistance to Exchange Ambulance, West Islip FD and the Islip FD. Southside Hospital has revised the prior agreement for any agency looking to obtain controlled substances at no charge or to update an existing policy. For additional information please phone 631-968-7433.

EMS Rotations at Southside Hospital:

The Safety and Emergency Services Department scheduled 37 EMT B/CC/Paramedic students in February/March from 6 EMS learning centers to conduct rotations in both the Emergency Department and Labor and Delivery. For any student requiring EMS rotations at Southside please have them phone 631-968-7433 or latkinson@nshs.edu.

CME: - Southside Hospital currently has added 37 confirmed EMS lectures for the remainder of the 10 months in 2014. We are also currently working on scheduling an additional lecture on Fire Island. The lectures are listed below and are included on the Suffolk County REMSCO web site at:

<http://www.suffolkremaco.com/index.php?submenu=CMECourses&src=events&category=CME%20Non-Cem>. ****Flyer attached****

Dr. Cruzen: On February 24, 2014 was Dr. Cruzen's last shift at Southside Hospital. He has taken a promotion and leadership position at a NSLU stand alone ED in Manhattan. We thank him for all of his years of service both to the hospital as Medical Director to many EMS agencies in the Town of Islip. He will be missed at Southside and in the EMS community.



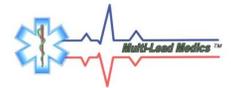
Respectfully submitted,
Anthony Pellicone/ Bill Dempsey / Jamie Atkinson
Safety and Emergency Services



Presents:

Bob Page

Nationally Renowned Presenter of Rapid 12-Lead Interpretation



Saturday, March 15 2014

8am – 5pm

12 Lead ECG Interpretation Workshop

A Nationally acclaimed course adopted by the Critical Care Paramedic Course curriculum at the University of Maryland, Baltimore County.

Topics covered in this Course include:

- Proper Lead Placement
- Axis and Hemiblock determination
- Bundle Branch Blocks
- Differentiating Wide Complex Tachycardia
- Myocardial Infarction recognition
- 15 lead ECG

The course includes a workbook with practice problems and handy charts for rapid use in the field. Participants in the program will read about 200 12 lead ECG's gaining both experience and confidence in their newly learned skill.

Sunday, March 16 2014

8am – 5pm

Slap the Cap: The Role of Capnography in EMS

You will be participating in one of the first nationally presented courses on capnography in emergency medicine. This comprehensive course is designed to supply you with the knowledge background necessary to understand the full spectrum use of capnography as a diagnostic tool. Just as the 12 Lead ECG is a diagnostic tool for acute coronary syndromes, capnography is a diagnostic tool for ventilation and perfusion. It is an objective, fast, and accurate way to triage, assess and monitor the ABC's in almost all aspects of the emergency medicine. This handout, while informative alone, is designed as a supplement to Bob Page's Course: Slap the Cap, which offers far more extensive practice, case presentations and explanations.

Topics covered in this Course include:

- The principles behind CO2 measurement.
- The various methods of EtCO2 measurement
- Technology of EtCO2 measurement
- Identify the components of a normal and abnormal capnogram waveform.
- Clinical applications of capnography.

COST:

The cost for the course is \$50.00 per day
Credit cards accepted

COURSE LOCATION:

North Shore University Hospital
Rust Auditorium
300 Community Dr,
Manhasset, NY 11030

Visit: www.LearnEMT.org for registration and payment
Pre-Registration Required

North Shore LIJ Center for Emergency Medical Services



Upcoming Courses - 2014

AHA COURSES:

PALS (Refresher)	Jan. 16, 2014	Thursday	8am-4pm
	Feb. 3, 2014	Monday	8am-4pm
	Mar. 20, 2014	Thursday	8am-4pm
	Apr. 14, 2014	Monday	8am-4pm
	May 15, 2014	Thursday	8am-4pm
	June 2, 2014	Monday	8am-4pm

BCLS (Refresher)	Jan. 13, 2014	Monday	8am-12pm
	Jan. 23, 2014	Thursday	8am-12pm
	Feb. 10, 2014	Monday	8am-12pm
	Feb. 27, 2014	Thursday	8am-12pm
	Mar. 3, 2014	Monday	8am-12pm
	Mar. 27, 2014	Thursday	8am-12pm
	Apr. 10, 2014	Thursday	8am-12pm
	Apr. 28, 2014	Monday	8am-12pm
	May 19, 2014	Monday	8am-12pm
	May 29, 2014	Thursday	8am-12pm
	June 9, 2014	Monday	8am-12pm
	June 19, 2014	Thursday	8am-12pm

BLS Credentialing occurs after each BCLS Refresher from 12pm-4pm.

ACLS (Refresher)	Jan. 6, 2014	Monday	8am-4pm
	Feb. 13, 2014	Thursday	8am-4pm
	Mar. 24, 2014	Monday	8am-4pm
	Apr. 24, 2014	Thursday	8am-4pm
	May 5, 2014	Monday	8am-4pm
	June 12, 2014	Thursday	8am-4pm

Other CME Courses: 2014

PHTLS (Combined Provider Course)	Feb. 8, 15	Saturday (2 consecutive)	8am - 5pm
PHTLS (Combined Provider Course)	May 6,13,20,27,Jun.3	Tuesdays (5 consecutive)	630pm - 1030pm
EPC (Pediatric)	Jan. 22, 29	Wednesday (2 consecutive)	8am - 5pm
AMLS (Advanced Medical Life Support)	Mar.5,12,19,26,Apr.2	Wednesday (5 consecutive)	630pm - 1030pm
AMLS (Advanced Medical Life Support)	June 4,11,18,25, July 2	Wednesday (5 consecutive)	630pm - 1030pm
PEPP (Pediatric)	Apr. 5, 12	Saturday (2 consecutive)	8am - 5pm
GEMS (Geriatric)	May 5, 12	Monday (2 consecutive)	8am - 3pm

You must attend all dates listed for each class in order to receive a completion certificate for the course.

Course Locations:

All courses will be held at Center for EMS-15 Burke Lane, Syosset, NY 11791

TO REGISTER for: PHTLS, AMLS, EPC - please go to <http://www.naemt.org> and register online

TO REGISTER for: PEPP - please go to <http://www.peppsite.com/>

TO REGISTER for: GEMS - please go to <http://www.gemssite.com/>

A deposit may be required for some of these courses in order to secure your registration.

TO REGISTER FOR AHA COURSES: Please Contact Sue Bouse.

If you have any questions please contact Sue Bouse: Email sbouse@nchs.edu or phone (516) 719-5065.

North Shore LIJ Southside Hospital

Date	Time	Topic (Title)	Instructor	Location
March				
Tuesday, March 4, 2014	7:00pm-9:00pm	Pre-hospital Treatment of Asthma	Dr. Michelle Grossman	SSH 5 Tower Classroom
Thursday March 6, 2014	8:00am-9:30am	What's New in Preventative Cardiovascular Disease	Dr. Davis Sedaghat	SSH 5 Tower Classroom
Thursday March 13, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
Monday, March 24, 2014	7:00pm-9:00pm	Emergency Childbirth: The Good, The Bad and The Ugly	Dr. William Onybeke	SSH Boardroom
April				
Tuesday, April 1, 2014	7:00pm-9:00pm	Killer Dees* - Allergies, Anaphylaxis in EMS	Dr. Harvey Miller	SSH 5 Tower Classroom
Thursday April 3, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Thursday April 10, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
Monday, April 14, 2014	7:00pm-9:00pm	Sports and Traumatic Brain Injuries: Making the Headache Manageable	Dr. Rosanna Sabini	SSH Boardroom
May				
Thursday May 1, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Tuesday, May 6, 2014	7:00pm-9:00pm	Emergencies in Ear, Nose and Throat	Dr. Todd O'Donnell	SSH 5 Tower Classroom
Monday, May 12, 2014	7:00pm-9:00pm	Immobilization of Orthopedic Injuries	Jeffrey Wagner, RPA-C	SSH Boardroom
Thursday May 15, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
June				
Tuesday, June 3, 2014	7:00pm-9:00pm	Recognizing the Threat of Asthma	Dr. Adrian Lombardi	SSH 5 Tower Classroom
Thursday June 5, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Monday June 7, 2014	7:00pm-9:00pm	Infection Control and Communicable Diseases	Frances Edwards, MSN, RN, CIC	SSH Boardroom
Thursday, June 12, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
July				
Thursday July 3, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Tuesday, July 8, 2014	7:00pm-9:00pm	Airway Management	Dr. Todd Campbell	SSH 5 Tower Classroom
Thursday July 10, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
August				
Tuesday, August 5, 2014	7:00pm-9:00pm	Reflux, GERD and GI Emergencies	Dr. Jay Stambler	SSH 5 Tower Classroom
Thursday August 7, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Thursday August 14, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
September				
Thursday September 4, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Monday September 8, 2014	7:00pm-9:00pm	Wellbeing of the EMT	TBD	SSH Boardroom
Tuesday, September 9, 2014	7:00pm-9:00pm	To Be Determined	Dr. Brian Blaussein	SSH 5 Tower Classroom
Thursday September 11, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
October				
Thursday October 2, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Monday, October 6, 2014	7:00pm-9:00pm	Just the Basics* - Pharmacology	SSH Pharmacy Staff	SSH Boardroom
Tuesday, October 7, 2014	7:00pm-9:00pm	How to Manage Pediatric Respiratory Emergencies	Dr. Alia Chuhhan	SSH 5 Tower Classroom
Thursday October 9, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
November				
Tuesday, November 4, 2014	7:00pm-9:00pm	To Be Determined	Dr. Matthew Goldman	SSH 5 Tower Classroom
Thursday November 6, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Monday, November 10, 2014	7:00pm-9:00pm	Responding to Patients with Special Needs	Sue Mango, NP	SSH Boardroom
Thursday November 13, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom
December				
Tuesday, December 2, 2014	7:00pm-9:00pm	How to Manage Adult Respiratory Emergencies	Dr. John Muratori	SSH 5 Tower Classroom
Thursday December 4, 2014	8:00am-9:30am	To Be Determined - Cardiology Lecture Series	Dr. TBA	SSH 5 Tower Classroom
Thursday December 11, 2014	12 noon-1:30pm	To Be Determined - Behavioral Health Lecture Series	Dr. Maslar	SSH 5 Tower Classroom

In addition to the above, we are currently in the process of organizing the following EMS lectures:

- o August – Fire Island CME organized by Trauma on Fire Island

Respectfully submitted,
 Anthony Pellicone/ Bill Dempsey / Jamie Atkinson
 Safety and Emergency Services

DEFENSIVE DRIVING 6 HOUR COURSE BEING OFFERED:

- Session 1:** Monday, March 24th
5:15pm – 8:15pm
- Session 2:** Tuesday, March 25th
5:15pm – 8:15pm
You must attend BOTH sessions
- Cost:** \$35 per person
- Location:** NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY 11706
Boardroom # 1 (Near Administration)

**NO MEAL WILL BE SERVED...
BRING YOUR OWN FOOD & BEVERAGE
OR VISIT THE HARVEST CAFÉ.**

Please fill out the Registration Form below and return with a check payable to **Martin Hirschfield**:

Southside Hospital Human Resources
Attention: Lindsey Sharkey
301 East Main Street
Bay Shore, NY 11706

**Sign up deadline is Friday March 21, 2014.
Seating limited!**

DEFENSIVE DRIVING COURSE REGISTRATION FORM

NAME: _____

DAYTIME PHONE: _____

Make check for **\$35.00 payable to Martin Hirschfield**.
Return check and registration form to: Lindsey Sharkey in Human Resources.

Please accept the below report for the February/March Fire and EMS Chiefs Meeting from Southside Hospital. As always we welcome the opportunity to partner with the Fire and EMS community.

Quitting Smoking is Possible!

NSLIJ Southside Hospital along with NSLU Center for Tobacco Control is hosting a **FREE** program for Firefighters, Law Enforcement, EMS Providers and their families to assist with quitting smoking. It is a 6 week program starting on 02/24/2014 is offered to support efforts and include nicotine replacement medications. Please see the attached flyer and disseminate as needed to your agencies. **"Flyer attached"**

Defensive Driving 6 Hour Course Being Offered

Southside Hospital is offering the 6 hour Defensive Driving course on Monday March 24 and Tuesday March 25, 2014. The cost is \$35.00 and you must attend both class sessions. Please see the attached flyer for additional information. **"Flyer attached"**

Islip Ambulance Chiefs Association (IACA)

The February 25, 2014 monthly meeting will be held in Boardroom 1 from 7:00pm – 9:00pm.

Obtaining Controlled Substances at Southside Hospital:

We have finalized agreements with Community Ambulance, East Brentwood and Bay Shore Ambulance to continue obtaining controlled substances. This month we provide technical assistance to Exchange Ambulance, West Islip FD and the Islip FD. Southside Hospital has revised the prior agreement for any agency looking to obtain controlled substances at no charge or to update an existing policy. For additional information please phone 631-968-7433.

EMS Rotations at Southside Hospital:

The Safety and Emergency Services Department scheduled 37 EMT B/C/Paramedic students in February/March from 6 EMS learning centers to conduct rotations in both the Emergency Department and Labor and Delivery. For any student requiring EMS rotations at Southside please have them phone 631-968-7433 or jatkinson@nshhs.edu

CME: - Southside Hospital currently has added 37 confirmed EMS lectures for the remainder of the 10 months in 2014. We are also currently working on scheduling an additional lecture on Fire Island. The lectures are listed below and are included on the Suffolk County REMSCO web site at <http://www.suffolkremSCO.com/index.php?submenu=CMECourses&src=events&category=CME%20Non-Core>. **"Flyer attached"**

Dr. Cruzen: On February 24, 2014 was Dr. Cruzen's last shift at Southside Hospital. He has taken a promotion and leadership position at a NSLU stand alone ED in Manhattan. We thank him for all of his years of service both to the hospital as Medical Director to many EMS agencies in the Town of Islip. He will be missed at Southside and in the EMS community.



Respectfully submitted,
Anthony Pellicone/ Bill Dempsey / Jamie Atkinson
Safety and Emergency Services



Free smoking support group for Firefighters, EMS Providers and their families



Quitting Smoking is Possible!

North
Shore **LII** Center for
Tobacco Control

FREE SMOKING CESSATION CLASSES TO BE HELD AT

Southside Hospital

301 East Main Street, Bayshore

Library Conference Room A

ALL CLASSES ARE AT 5:00 PM - 6:00 PM

Call to register: 631-968-3587

CLASS 1 2/24

CLASS 2 3/3

CLASS 3 3/10

CLASS 4 3/17

CLASS 5 3/24

CLASS 6 3/31

Class size limited - Call today

STOP SMOKING MEDICATIONS FOR A NOMINAL FEE

North
Shore **LII** Southside Hospital



Pre-hospital EMS Providers Lecture Series

“Emergency Childbirth: The Good, The Bad and The Ugly”

Dr. William Onybeke

Date: Monday, March 24, 2014

Time: 7:00pm – 9:00pm

Location: NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY 11706
Boardroom 1

RSVP Required:

Please phone 631-968-7433 or email Jatkinson@nshs.edu

NON-CORE EMS CME GRANTED

**North
Shore LIJ** Southside Hospital

Pre-hospital EMS Providers Lecture Series

“Sports and Traumatic Brain Injuries: Making the Headache Manageable”

Dr. Rosanna Sabini
Physical Medicine and Rehabilitation

Date: Monday, April 14, 2014
Time: 7:00pm – 9:00pm
Location: NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY 11706
Boardroom 1

Instructor: Dr. Rosanna Sabini

RSVP Required:

Please phone 631-968-7433 or email Jatkinson@nshs.edu

NON-CORE EMS CME GRANTED

Pre-hospital EMS Providers Lecture Series

“Immobilization of General Orthopedic Injuries”

Jeffrey Wagner, RPA-C
Institute of Orthopedic Sciences

Monday, May 12, 2014

Time: 7:00pm – 9:00pm

Location: Southside Hospital
301 East Main Street
Bay Shore, NY 11706
(1ST Floor Boardroom)

RSVP Required:

Please email Jatkinson@nshs.edu

**North
Shore LIJ**



**North
Shore LIJ** Southside Hospital

****EMS CME GRANTED****

Pre-hospital EMS Providers Lecture Series

“Infection Control and Communicable Diseases”

Frances Edwards, MSN, RN, CIC
Infection Prevention Director
NSLIJ Department of Infection Control and Epidemiology

Date: Monday, June 7, 2014

Time: 7:00pm – 9:00pm

Location: NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY
(1st Floor Boardroom)

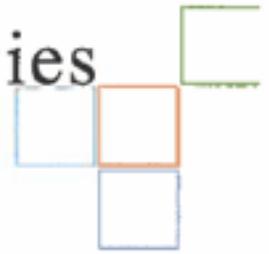
RSVP Required:
Email – Jatkinson@nshs.edu

****EMS NON-CORE CME GRANTED****

The logo for North Shore LIJ Southside Hospital, featuring the text "North Shore LIJ" in blue with a stylized wave above "LIJ", and "Southside Hospital" in a smaller blue font below it.

Pre-hospital EMS Providers Lecture Series

“Wellbeing of the EMT”



Date: Monday, September 8, 2014

Time: 7:00pm – 9:00pm

Location: NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY 11706
Boardroom 1

RSVP Required:

Please phone 631-968-7433 or email Jatkinson@nshs.edu

NON-CORE EMS CME GRANTED

**North
Shore LIJ** Southside Hospital

Pre-hospital EMS Providers Lecture Series

“Just the Basics” : Pharmacology ”

Southside Pharmacy Staff

Date: Monday, October 6, 2014

Time: 7:00pm – 9:00pm

Location: NSLIJ Southside Hospital
301 East Main Street
Bay Shore, NY 11706
Boardroom 1

Instructor: Pharmacy Staff

RSVP Required:

Please phone 631-968-7433 or email Jatkinson@nshs.edu

NON-CORE EMS CME GRANTED

**North
Shore LIJ** Southside Hospital

Pre-hospital EMS Providers Lecture Series

"Responding to patients with special needs"

(Autism, Down Syndrome, etc.)

Sue Mango, NP

Monday, November 10, 2014

Time: 7:00pm – 9:00pm

Location: Southside Hospital

301 East Main Street

Bay Shore, NY 11706

(1ST Floor Boardroom)

RSVP Required:

Please phone 631-968-7433 or email Jatkinson@nshs.edu

NON-CORE EMS CME GRANTED

**North
Shore LIJ** Southside Hospital



Free smoking support group for Firefighters, EMS Providers and their families



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CLASS 6 3/31

Class size limited - Call today

STOP SMOKING MEDICATIONS FOR A NOMINAL FEE

North
Shore LIJ Southside Hospital



News

Southside Hospital Is First in Suffolk County to Implant New Defibrillator that Protects Against Sudden Cardiac Arrest

04/08/10

BAY SHORE, NY – The North Shore-LIJ Health System announced today that the new Boston Scientific device that treats dangerously rapid heartbeats without touching the patient's heart or blood vessels was implanted in the first patient in Suffolk County at Southside Hospital on Dec. 27.



Dante Laurino, 64, of Brightwaters, had a procedure to implant stents to open blocked arteries about two years ago but his heart muscle function remained depressed. Erik Altman, MD, chief of electrophysiology at Southside Hospital, recommended the use of a new heart device, called a subcutaneous implantable defibrillator or S-ICD™ System. Mr. Laurino works for a company that purifies water and was involved in the clean-up effort after the Deepwater Horizon oil spill in the Gulf of Mexico in 2010. He frequently travels for his job and looks forward to returning to his busy work schedule.

The defibrillator is placed outside the patient's rib cage and no wires are implanted inside the heart or blood vessels. Previous defibrillator models required the insertion of wires in the patient's blood vessels and heart. With the absence of wires in this area, patients have less of a chance of infection to the heart and blood vessels and less chance of damage to the wires from wear and tear within the body. A less invasive procedure, patients can potentially leave the hospital the same day. Prior to the implantation, Mr. Laurino had a blood stream infection; Dr. Altman recommended this device because it is less likely to cause a blood infection.

"This device is revolutionizing the way we treat patients with arrhythmias and weakened heart muscles because it offers them an alternative with lower risk of infection to the heart and blood vessels while providing the same level of protection," explained Dr. Altman, who implanted the first device in Suffolk County. "For people who may have issues with their blood vessels, such as dialysis patients, this technology allows their blood vessels to remain available for other functions. This is also a solution for those patients who are prone to having defibrillator wires break while in their body from pressure placed on them by bones and muscles. The S-ICD System is placed below the skin, where there is less mechanical stress on the wire."

Respectfully submitted,
Anthony Pollicone/ Bill Dempsey / Jamie Atkinson
Safety and Emergency Services

Three-Year-Old Sayville Boy Survives Severe Brain Bleeding After Falling At Home While Playing Spiderman



04/08/10

BAY SHORE, NY – Like any other 3-year-old boy, Owen Madden from Sayville, Long Island, loves pretending to be Spiderman, his favorite superhero. One day while playing in the kitchen with his mother nearby, he took a bad fall and hit his head on the hardwood floor.

After Owen fell, he appeared to be fine and it wasn't until 24 hours later that he became nauseous and lethargic. He was taken to Southside Hospital's emergency department in Bay Shore, part of the North Shore-LIJ Health System. The family was met by Salvatore Insinga, DO, the hospital's director of neurosurgery.

"A computed tomography (CT) scan revealed that Owen suffered from an epidural hematoma," said Dr. Insinga. "This kind of hematoma is a type of traumatic brain injury in which buildup of blood occurs between the skull and the dura mater, which is the thick membrane covering the brain. Owen had suffered a fracture from his fall, which caused a small artery in his brain to burst. This pool of blood was pushing against the top part of Owen's brain and it needed to be treated immediately."

Dr. Insinga made a five-centimeter incision through the skull, which allowed him to remove the pool of blood. The one-hour surgery was a complete success without any neurological deficits. Once Owen recovered from surgery, he was transferred to North Shore-LIJ's Cohen Children's Medical Center for post-operative care. He was discharged the next day and is back playing Spiderman.

Mrs. Madden offers simple advice to parents.

"Be observant. As a mother, you know when your child is crying to get one over on you, but you have this maternal connection with them," she said. "I knew from the first cry that it was too long and it was always in the back of my head that something wasn't right. If you have that feeling, go with your heart."

Respectfully submitted,
Anthony Pollicone/ Bill Dempsey / Jamie Atkinson
Safety and Emergency Services

2014 Free Support Groups available for your members:

Amputee Support Group

Meetings held every FIRST Saturday of the month Board Room 1, 1:00pm.
For more information, call Rob Moy (631) 675-4514

Asthma Support Group

All meetings are held from 7pm-9pm. For more information on dates, call
Dr. Harvey Miller (631) 968-9606

Brain Injury Support Group

Meetings held every SECOND Wednesday of each month: 7pm-9pm
For more information, call Katie Metzger (631) 968-3741

Caregiver Support Group

Meetings held every FIRST Wednesday of each month: 6:30pm-8:30pm
For more information, call Paulette Demato (631) 807-6819

Diabetes Club

Meetings held every FIRST Sunday, 2:30pm and every THIRD Wednesday of each month, 6:30pm
For more information, call Tova Chaviv (631) 647-3842

Mended Heart Support Group

Meetings held every FIRST Sunday of the month: 1pm-3pm in Boardroom 1
For more information, call Valerie Kruzon (631) 968-3400

Islip Breast Cancer Coalition

Meetings held every THIRD Tuesday of each month, 7pm-8:30pm
Library Conference Room A
For more information, call Georgiana Crowley or Sharon Martelack (631) 968-7424

"Mommy and Me" Breastfeeding Support Group

Meetings held every Tuesday, 1:30pm-3:30pm
For more information, call Marisa Torres at (631) 968-3470 or mtorres1@nshs.edu

Mood Disorder Support Group Long Island

Client group meets FIRST & THIRD Thursday of month Family & Friend support group meets SECOND & FOURTH Thursday of month Groups meet in the 5 Tower Conference Room from 7:30pm to 9pm
For more information, call (516) 499-6374 or info@mdsgll.com

MS Recreation & Socialization

Meetings are held on mostly ALTERNATING
Thursdays 11am-2pm in the Radiation Oncology Conference Room, Starting Oct. 10
For more information & specific dates, call Carol MacBride (516) 551-8962

Scleroderma Support Group

All meetings are held 10am-12pm in Boardroom 1
For more information on dates, call Beatriz Nuñez (631) 949-8265

Stroke Support Group

Fourth Wednesday of the month
Meetings held 7pm-9pm in Boardroom 1; For more information, call (631) 807-6819

We've Got Rhythm—Cardiac Device and Heart

Failure Support Group
Bimonthly, First Wednesday of the month
All meetings held 6pm-8pm at the Southside Cardiology Office
280 Main Street, Bay Shore
For more information, call Casey Daly (631) 591-7406

Women Heart of the South Shore

Meetings are held every SECOND Monday of the month, 1:30pm-3pm in the Tower 5 Conference room.
For more information, call Sarah Selmers (516) 562-8410

Respectfully submitted,
Anthony Pellicone/ Bill Dempsey / Jamie Atkinson
Safety and Emergency Services

BIRTHDAYS



MARCH BIRTHDAYS

- ▶ 03/16 Douglas Tenhoopen
- ▶ 03/17 Christine Flick
- ▶ 03/23 Eliana Sosa
- ▶ 03/27 William Froehlich
- ▶ 03/31 Richard Ciabattari

May you enjoy it,
from all of us here at
BSBRA

BAY SHORE- BRIGHTWATERS RESCUE AMBULANCE

911 Aletta Place. Bay Shore, NY 11706

"If any officer wants to add any information in the next edition of "Signal19"

Please email us at signal19@bsbra.org



-John & Julie Martinez, editors of Signal19 @ BSBRA