



Happy Holidays from BSBRA



Chanukah or Hannukah

December 8, 2012



Chanukah, the Festival of Lights, (also called Chanuka and Hannukah) celebrates victory from Greek religious persecution. The Jewish victory was led by the Macabees in the year 167 B.C. Upon returning to the temple to rededicate it and relight the Menorah, the Macabees found only one small flask of oil, enough to light the Menorah for just one day. However, the flask of oil lasted eight days, Hence the celebration lasts eight days. This is also why it is called the Festival of Lights.

Chanukah is a happy and joyous festivity. There is no fasting no eulogies, and no sacrifice. Small gifts are given to family and friends each of the eight days of Chanukah.

Christmas

December 25th



The history of Christmas dates back over 4000 years. Many of our Christmas traditions were celebrated centuries before the Christ child was born. The 12 days of Christmas, the bright fires, the yule log, the giving of gifts, carnivals (parades) with floats, carolers who sing while going from house to house, the holiday feasts, and the church processions can all be traced back to the early Mesopotamians.

Kwanzaa

December 26th



Kwanzaa is a African-American holiday celebrating history, culture, family and community. It was started in California in 1966. It was created by scholar-activist Dr. Maulana Karenga. Kwanzaa is now celebrated all over the world, but primarily in the U.S., Africa, and the Caribbean. Focusing on values, culture and history, Kwanzaa encourages people to learn more about their roots and to focus upon their values.

WILLIAM FROEHLICH 30



Dear Members;

I would like to start out by saying thank you to everyone for doing a great job over the past month. As time goes on, we are seeing a trend of increased call volume and a decrease of ambulances, which in my mind is a great thing. I would also like to commend those of you that came out for both of the Brentwood fires and set up rehab. Despite the few little glitches' that we experienced on the Corbin fire, we were able to adapt and overcome the lack of heat and the fluctuation of electric.

I only have a few things to address this month, however they are issues that have hampered our operations and have taken precious time from the Chief's Office. The major issue at hand is a topic that should not even be within our four walls, and that is personal issues. We as the Chief's are asking that you leave your personal lives outside of the agency. When you walk in those front doors, your focus should be on BSBRA, and the objective at hand. It should not be about whose sleeping with whom or having that bad break up. If you are not mature enough to handle your business outside, please do not expect any of the members, regardless of standing, to handle it for you. You are all adults, and you need to handle your personal business on your own. This month, we have had two separate incidences in which the Chief's Office has had to take action. I can guarantee you this, the outcome may not be favorable and one or both parties may suffer because of it. So, please leave your business outside of BSBRA.

The other issue at hand is the cleanliness of the ambulances, both inside as well as outside. For whatever reason, it appears that we have some lazy members who think that someone else will take up their slack for them. That notion may not be far from the truth, however, it is not how things are done at BSBRA. For those EMT's, EMT-P's or Probationary members who feel that they are exempt from cleaning, re-stocking, or attending to things that need attention, I would like to re-assure you that you are grossly mistaken. Everyone needs to do their part, and we are seeing a trend in certain crews in which these issues are becoming more prevalent. The Chief's Office is fully committed in weeding these members out, and will take the necessary disciplinary actions as allowed by the By-Laws and the SOP's. Please do your part and clean up after each call, restock as necessary, and take pride in what you do.

I have been advised that the duty roster is about 90% complete however, we still have a hand full of members who have not gotten back to the Supervisor of Dispatch. The Chief's Office is expecting a list of those members, and we will be in contact with them, helping to solidify the duty roster. Members are reminded that if you are not on Medical, Interim, or Call-in, your name should be on that duty roster. Please contact SOD Joe Kwok to ensure that your name is on the duty roster, and if it is not, please pick up a duty slot. Anyone that can help out in the day time hours is asked to do so. There are many gaps in the time between 0600 and 1800 hrs.

On behalf of the entire Chief's Office, I would like to wish all of the members, and their families the best this Holiday Season. To end, I would like to share an Irish Proverb for the New Year;

“Count your blessings instead of your crosses. Count your gains instead of your losses. Count your joys instead of your woes. Count your friends instead of your foes. Count your smiles instead of your tears. Count your courage instead of your fears. Count your full times instead of your lean. Count your kind deeds instead of your mean. Count your health instead of your wealth. Love your neighbor as much as yourself.”

Sincerely,

Bill Froehlich Chief @ BSBRA

BRIAN STEVENS 32



Hey all,

Just a few things I would like to address. The first one being the two required trainings. If you have not completed the the OSHA training you must contact me ASAP to make it up. At this time your privileges to ride the ambulance are revoked. If you are a BLS provider and have not completed the trauma triage update you also must contact me to make it up. If you have not completed this training your riding privileges are revoked at this time.

This months training is sexual harassment. The dates for this training are December 14th at noon and December 17th at 1900hrs. This is the last of the mandatory trainings. Please make every effort to attend.

Last but not least, Have a happy and safe holiday season!!!

Brian Stevens 2nd Asst. Chief @ BSBRA

FELIX RODRIGUEZ 33



Thanks you all for a great job this month.

We had a good time at the installation dinner and it was nice to see the membership come together. Just want reminder everyone the importance of doing rig checks and restocking the rigs after EACH call. And keeping the building clean.

Please keep this in mind.

Thank you.

Thank you

Felix Rodriguez 3rd Asst. Chief @ BSBRA

DECEMBER 2013'S CALENDAR

12/02/13 GENERAL MEETING	Monday / Dec. 2nd / 2013	@: HQ	@ 2000 hours
12/03/13 CORE CME CLASS 6	Tuesday / Dec. 3rd / 2013	@: HQ	@ 1900 hours
12/05/13 CORE CME CLASS 7	Thursday / Dec.5th / 2013	@: HQ	@ 1900 hours
12/05/13 BOD and OFFICERS MEETING	Thursday / Dec. 5th / 2013	@: TBA	@ 1900 hours
12/06/13 CORE CME CLASS 8	Friday / Dec. 6th / 2013	@: HQ	@ 1900 hours
12/11/13 MANDATORY MEMBER TRAINING Sexual Harrassment	Wednesday / Dec. 11th / 2013	@: HQ	@ 1900 hours
12/14/13 MANDATORY MEMBER TRAINING Sexual Harassment	Saturday / Dec.14th / 2013	@: HQ	@ 1200 hours
12/16/13 ALS CREDENTIALING CLASS	Monday / Dec.16th / 2013	@: Yaphank	@ 0830 hours
12/17/13 ALS CREDENTIALING CLASS	Tuesday / Dec. 17th / 2013	@: Yaphank	@ 1700 hours
12/19/13 ALS CREDENTIALING CLASS	Thursday / Dec. 19th / 2013	@: Yaphank	@ 0830 hours
12/21/13 CPR REFRESHER CLASS	Saturday / Dec. 21st / 2013	@: HQ	@ TBA
12/21/13 CHILDREN CHRISTMAS PARTY	Saturday / Dec. 21st / 2013	@: HQ	@ TBA
12/21/13 SANTAS RUN	Saturday / Dec. 21st / 2013	@: Bay Sore	@ 0900 hours
12/25/13 CPR REFRESHER CLASS	Wednesday / Dec.25th / 2013	@: HQ	@ 1900 hours
12/25/13 HOLIDAY TOUR	Wednesday / Dec. 25th / 2013	@: HQ	@ All Day

CAPTAIN'S REPORT

Sunday

[#50] * Cell: (631) 813-5142 * E-mail: bdufour@bsbra.org

Hey guy, I want to thank the people that help me out this month.

I'm still having issues finding a solid cover in morning which lead to the next topic in hand. I would like to have another driver/tech for the overnight, for my 6am-noon need a full crew and probationary are also welcome too. Friendly reminder winter is around corner and we had experience couple chills day, in other word when on emergency please cover the patients with blankets and return them when the job is done they're not disposable we do reuse them. Walking dead start at 9pm and we cook dinner everybody invited just give us a head up so we can tally the number people are dining. Make sure the garbage thrown out at the end of tour and rig check done at the beginning of tour. Let have another successful month and stay safe.

Bryan Dufour Tuesday Captain @ BSBRA

Monday

[#51] * Cell: (631) 872-8169 * E-mail: rdean@bsbra.org

Thank you everyone for the continuous help. Mondays are light, there really is no set crews so anybody looking for a duty slot please contact me 631-872-8169. All help is appreciated. There are also no crew chiefs on Monday so if your interested come on down.

If you do not have a duty slot please see Joe Kwok so we can get you on one. Every member should be on a duty slot if not on call in and this is something the officers are going to be coming down on this year.

Congratulations to all the new EMTs who recently passed there NYS exam. Come on down to get precepts so we can get you out there.

Please remember to do your rig checks. Rig checks should be completed during the beginning of your tour. This is something everyone should be doing regardless of your membership status (probationary, EMT, Paramedic, ECT.).

Probationary members should be filling out their rig check sheets and the probationary member cleaning sheets and putting them in the respective captains mailboxes. I know most of you do your house committee work and rig checks, but when it comes time to put in for your badge, this documentation will play a role on your request being denied or approved, as well as training and duty slot attendance.

At no time should any BLS provider be using the NIBP blood pressure cuff on the monitors. They should be done manually. Preceptors, please don't let the new emts fall into the habit of using the NIBP while their being evaluated.

Remember responder usage MUST be cleared by the captain of the day, if the captain of the day is not available, you MUST get permission from another officer. This goes for every member regardless of your status. Reason being is the captain of the day needs to have accountability of all the vehicles.

Id like to thank Jen Davis and the entire dinner dance committee for another outstanding dinner dance this year. And I would also like to recognize Chris Flick, John Martinez, and the entire Youth Squad on there outstanding performance at competitions and on receiving their youth squad of excellence award this year!!! They are the future of this origination.

I also have some XL and L All American Monday shirts available. There \$10. I know some people asked me for larger sizes, I will hopefully be placing that order soon.

Thanks again for all the help and if anyone ever needs anything or should any issues arise please don't hesitate to give me a call or text :-)

Enjoy the holidays and stay safe

Robert Dean Monday Captain @ BSBRA

Tuesday

[#52] * Cell: (631) 872-7432 * E-mail: kpaoletti@bsbra.org

I would like to start off by thanking those of you that nominated me for the People's Choice award. It was a huge surprise, very humbling and an tremendous honor. Thank you!!!

A couple of things I would like to touch on. One is the OSHA gear issue we've been having forever. But, I will say it every month if I have to... Please stop leaving the gear thrown around the front of the building & hung on the duty board. It really looks terrible. Also, at the end of your tour, please put the gear away. This means both probationary & badge members. If you cannot make it back to the lockers or racks, please at least hang it up or fold it and place it on the gear rack neatly. Every week I am hanging up or folding at least 20 garments. My time is as valuable to me as yours is to you. I would appreciate not having to spend a half hour of it picking up after you as if you were my child.

When you are expected on duty and you cannot show up, please give ample notification. Also, our SOP is that you are to contact at least 10 members of equal or higher certification for coverage. That means if you are a driver & a tech, you must get someone of those same qualifications to cover you. Contacting your captain less than six hours before your tour is unfair to that captain. We all have a professional responsibility to ourselves & the department. I know some things come up last minute, but please, try to ensure that we keep with our standards.

A couple of reminders. There is to only be one person to a bed in the bunk rooms & there is no drinking of any beverages in dispatch, even coffee, no matter who you are; paid or volunteer.

Other than that, things are going great! Tuesday 11/19 was a very busy day & we got all of the calls out!! Thank you so much to those that came down & listened up!!! So very awesome!!!

Merry Christmas to those of you that celebrate!!!

Happy Chanukah to those of you that celebrate!!!

-Kerri Paoletti Tuesday Captain @ BSBRA

Wednesday

[#53] * Cell: (631) 418-6053 * E-mail: jmartinez@bsbra.org

Greetings everyone,

First, I am grateful that The Chief's Office awarded me with the "Lou Lodato's Award", words can not express how much more it will drive me to work harder for this Department and it's members.

Second, I would like to thank all those members that came down and helped me last month. However, I'm still looking to make up crews for the overnights on Wednesdays; your help is greatly appreciated. If you need to be precepts or need driving training, I would be happy to help you as much as I can!!

Third, Keep the bedrooms clean and organized and take responsibility for your belongings.

Sleeping bags and clothing found unattended in the bedrooms will be collected and donated to the homeless.

In reference to the thanksgiving food drive from the youth squad:

We had a very successful Thanksgiving run, we made it happen thanks to your donations and those of the neighborhood stores, we collected for 30 well deserving families in Bay Shore.

I would like to thank, Mrs Christine Flick, Chief William Froehlich, Alex Froehlich, Jodi Cassandra, and specially our dear friend Morgan Matthews; her enthusiasm is very contagious. She has been the driving force behind this project and we would like to recognize her for her efforts.

I hope all your holidays are blessed and full of joy along with your families and friends. Please stay safe **DON'T DRINK & DRIVE. You can have a lot of fun by measuring your limits, you don't need to be (A&O X 0) to have fun!!!**

Thank you!!!

John Martinez Wednesday's Captain @ BSBRA

Thursday

[#54] * Cell: (631) 872-8190 * E-mail: jmessing@bsbra.org

First and foremost I would like to thank the chief's for giving me this wonderful opportunity to be an temporary appointed captain this month. Secondly I would like to thank all the members that put in your effortless hard work and Time for this organization. In my eyes every ones time is valuable and for anyone who I didn't Thank personally, Thank you. Every one is doing a great job and let's remember the reasons why we volunteer for the community and our neighbors. I would also like to thank everyone that put together a wonderful dinner for all of the hard working members. Please remember every captain can always use help during the overnight and also daytime hours. Thank you everyone for your help this month and look forward to working with everyone in the future.

John Messing Thursday Captain @ BSBRA

Friday

[#55] * Cell: (631) 872-8152 * E-mail: akunz@bsbra.org

Hey there folks, just want to say thank you to my crews you are, as always awesome. Secondly, thank you to all who help out Friday day. You guys are great.

Friday's needs a crew from 12noon to 6pm. We have a dispatcher from 3 to 6 but what we also need is a crew...A full crew- 1 driver 1 emt and a crew chief would be divine. If you've always wanted you own crew, maybe you have an extra 6 hours on a Friday afternoon to spare, come one down, sign up and create the dream crew. Let me know if you interested, & don't forget to bring a friend.

Thanxs,

April Kunz Friday Captain @ BSBRA

Saturday

[#56] * Cell: (631) 374-9240 * E-mail: jfrisina@bsbra.org

Joe Frisina Saturday Captain @ BSBRA

NO REPORT SUBMITTED

ANNOUNCEMENTS

NO SMOKING NEAR FRONT DOOR

TO ALL SMOKERS:
PLEASE USE PICNIC TABLE AREA SHOULD YOU
SMOKE. ALSO, PLEASE DISCARD ALL CIGARS/
CIGARETTES INTO THE SMOKERS CHIMNEY
NEAR THE PICNIC TABLES.
AUTHORITY OF THE BOARD OF DIRECTORS

GOOD & WELFARE



Congratulations:

-The BSBRA Youth Squad for their achievements during the year.

Sickness:

Jessica Reilly is recovering from a motor vehicle accident. We wish her the best

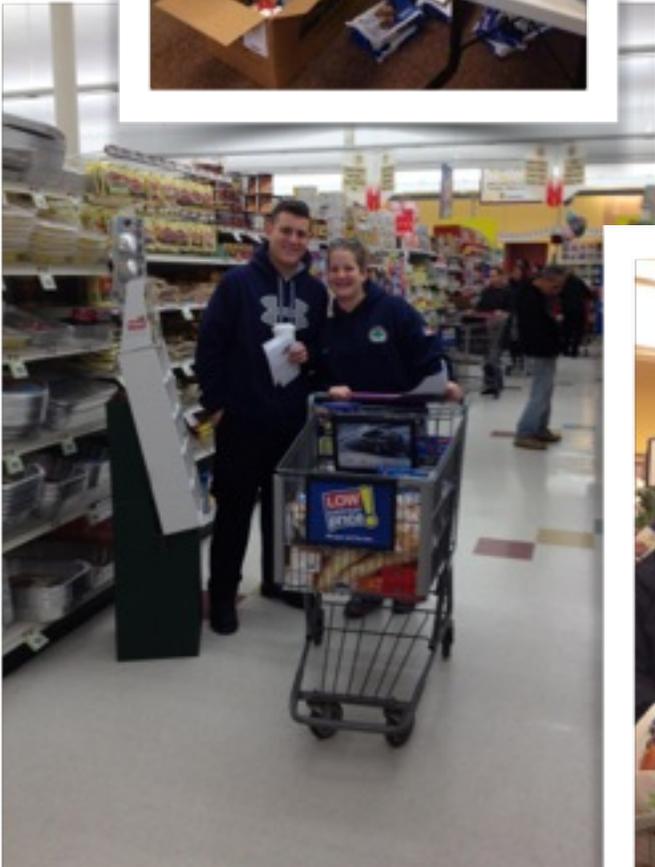
In Memory of:

If you change your address or phone number, please notify the Company Secretary, Amy Cooper. You can email her at acooper@bsbra.org

*** The Good and Welfare Committee would like to wish the entire membership a Happy and Safe Holiday season, and the best wishes for a great New Year! ***

THANKSGIVING DRIVE





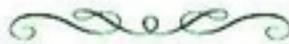
2013 Coat Drive



Cold Season is approaching and it is our goal to help keep our community warm. Please join us in collecting coats and warm winter wear donations.

December 1st - December 15th

Your generous donations will go to the United Beacon Veteran House to help locally in our community.



Donations can be made 24/7 at our headquarters:
911 Aletta Place
Bay Shore, New York 11706

In keeping with the charitable spirit of the Holidays, Bay Shore Rescue has partnered up with United Veterans Beacon House of Bay Shore. From December 1st through the 15th, we will be collecting used coats, jackets and warm winter clothing to be donated and distributed to veterans within our community. In addition, to every coat donated the BOD will fund a pair of warm gloves to be donated too.

Please if you have a free moment, clean out your closet and consider donating to those less fortunate. It's getting cold and everyone deserves a warm jacket this holiday season. I've placed a wrapped holiday box in our meeting room. Let's try to fill it up! :)

If you should have ANY questions- call me (631-804-8483). As always, Thank you in advance for your support and help!

-Laurie BOD @ bsbra



Children's Christmas Party 2013

To All Parents / Grandparents,

*The annual children's Xmas party will be held on Saturday
December 21 @ 1300 hrs. Santa will arrive at 1400 hrs.*

*Anyone that wishes to bring a child or children are asked to sign up
on the sheet outside of the Dispatch office. Please include the
number of children that will be attending. All participating are
reminded to bring a gift for that child so that Santa can give it to
him or her. Bsbra will supply food and entertainment. Should there
be any questions, please contact the Chiefs Office.*

Thanks,

PRESS RELEASE: CPR Save 11/30

December 1, 2013 at 3:35am

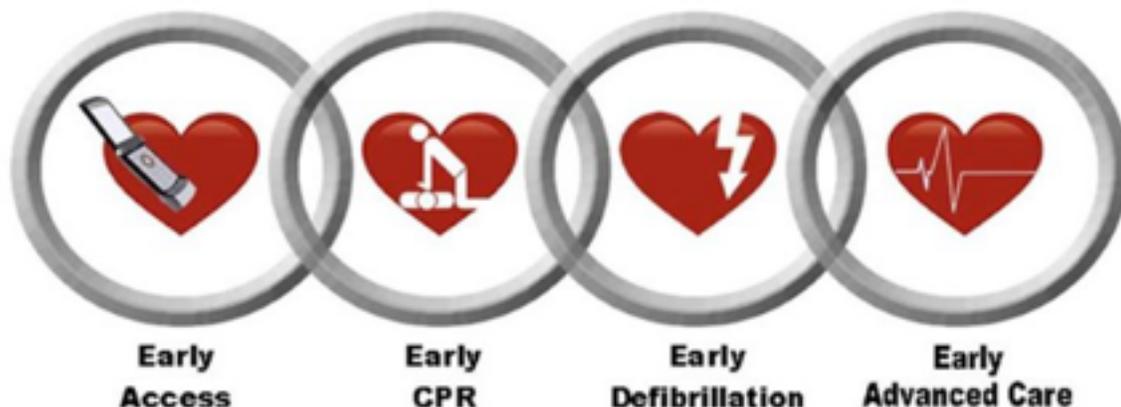
West Bay Shore, NY – On Saturday, November 30th 2013, at 5:00 pm, Bay Shore – Brightwaters Rescue Ambulance (BSBRA) was dispatched for a Delta Unconscious in West Bay Shore. Within minutes an ambulance immediately began responding to the scene. Upon arrival, it was determined that the patient was in sudden, witnessed cardiac arrest. Cardiopulmonary resuscitation (CPR) was started by Suffolk County Police Department.

First on scene was Chief of Department William Froehlich, who placed an AED on the patient. After analyzing the patient, no shock was advised. CPR continued, however the the crew noted that bagging the patient was becoming increasingly difficult. After speaking with the family, who stated this was a witnessed cardiac arrest during dinnertime, Paramedic Garry Ritter performed a direct laryngoscopy. This is a procedure which allows a paramedic to see deeper into a patient's airway and remove any obstructive objects. Once the piece of food that created an airway obstruction was removed, the patient was successfully intubated and adequately ventilated to sustain life.

CPR was continued and an IV was established. Before any medications could be given, it was noted that a strong pulse and a stable blood pressure returned. The patient was monitored closely and continued to improve while en route to Southside Hospital.

This patient has a second chance at life thanks to the quick action of the crew of Bay Shore – Brightwaters Rescue Ambulance. This situation once again illustrates the importance of CPR training and for recognizing the signs and symptoms of foreign body airway obstruction. For a patient in cardiac arrest, every minute that passes without CPR, the chances of survival greatly diminish. The early CPR coupled with the advanced care provided by the EMS crew of Bay Shore- Brightwaters, have given this patient the opportunity to live. All those involved should be commended for a job well done.

Bay Shore – Brightwaters Rescue Ambulance, Inc. has been providing Emergency Medical Services to the residents of Bay Shore, Brightwaters and West Bay Shore for the past 53 years. Bay Shore Brightwaters Rescue Ambulance answered 4,100 calls for assistance in 2012. For additional information, FREE CPR classes and information on joining our team, please visit our website at [www. BSBRA.org](http://www.BSBRA.org).



Commack Volunteer Ambulance Corps

Thursday November 7, 2013

Bay Shore-Brightwaters Rescue Ambulance
911 Aletta Place
Bay Shore, NY 11706

Dear Chief,

On **Saturday December 14th, 2013** the Commack Volunteer Ambulance Corps will be having their membership holiday party. In order to make this possible for the volunteers, we would like to request a standby crew from your department to cover our district from the hours of **1900 Saturday December 14th until 0700 Sunday December 15th**. An ALS crew is preferred, but a BLS crew would be a big help also. Food will be provided for your crew, and we will have our bunk rooms available as well.

If you are able to help, please reach out to me either via email or cell phone. Thank you in advance.

Respectfully,



Chris Gallway
4th Assistant Chief
Commack Vol. Amb. Corps
(631) 457-2624
Chief34@commackambulance.org



EMERGENCY MEDICAL CARE PROGRAM

Spring 2014 EMT-B COURSES

AMMERMAN CAMPUS

Tues/Thurs 8am-1230pm

Tues/Thurs 6pm-1030pm

EASTERN CAMPUS

Mon/Wed 5:30pm-1000pm

GRANT CAMPUS

Mon/Wed 6pm-1030pm

- DO YOU WANT TO BECOME CERTIFIED AS AN EMT?
- DO YOU WANT TO MAKE A DIFFERENCE IN YOUR COMMUNITY?
- AS A VOLUNTEER EMS/FIRE PROVIDER YOU MAY QUALIFY FOR TUTION ASSISTANCE
- *LEARN AND TRAIN WITH EXCELLENT INSTRUCTORS!!*
- *TAKE THE NYS CERTFICATION EXAM IN MAY, 2014*
- *SEATS ARE LIMITED SO REGISTER EARLY!!!!*

REGISTRATION AT [HTTP://WWW.SUNYSUFFOLK.EDU](http://www.sunysuffolk.edu)

OR CONTACT:

Matt Zukosky, MA, NREMT-P
Emergency Medical Care Program Coordinator
631-451-4678
zukoskm@sunysuffolk.edu

MEETING YOUR EMS EDUCATION AND TRAINING NEEDS



EMERGENCY MEDICAL CARE PROGRAM

Spring 2014

Vehicle Extrication Course

AMMERMAN CAMPUS ONLY

Monday Nights

6pm to 8:50pm

- *LEARN AND TRAIN WITH EXCELLENT INSTRUCTORS!!*
- *HANDS ON SESSIONS WILL BE CONDUCTED OFF SITE*
- *SEATS ARE LIMITED SO REGISTER EARLY!!!!*

REGISTRATION AT [HTTP://WWW.SUNYSUFFOLK.EDU](http://www.sunysuffolk.edu)

OR CONTACT:

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zukoskm@sunysuffolk.edu

MEETING YOUR EMS EDUCATION AND TRAINING NEEDS

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DECEMBER BIRTHDAYS

12/01 Arthur De Jess
12/10 Noah Fisch
12/10 Stanley Haber
12/15 Laurie Hughes
12/18 Elizabeth Haubrich
12/20 Michele Virga
12/20 Raymi Smith
12/21 Christian Stieveling
12/21 Peter Klopsis
12/23 Joel Van Houten
12/25 Cleo Brown
12/25 Courtney Haubrich
12/30 Gary Young

Have a wonderful day from all of us at
BSBRA



BAY SHORE- BRIGHTWATERS RESCUE AMBULANCE

911 Aletta Place.

Bay Shore, NY 11706

"If any officer wants to add any information in the next edition of "Signal19"

Please email us at signal19@bsbra.org

-John & Julie Martinez, editors of Signal19 @ BSBRA